

Ryton Choral Society
Guidance for members, autumn term 2021

Do not come to rehearsal if:

- you have symptoms / feel unwell
- you have tested positive (PCR or Lateral flow)
- you have been told to self isolate
- someone you have close contact with has tested positive
- you are quarantining after a visit abroad

We encourage you to use lateral flow tests regularly (especially on the day of rehearsal if you can)

During rehearsal

- Maintain 1m plus social distancing during rehearsals at all times
- Be respectful of each others space
- Wear a face mask when not rehearsing / on arrival and departure or leaving your seat for any reason
- We will keep doors and windows open for as long as possible - consider bringing warm clothing
- Wash / sanitise your hands on arrival and regularly after that
- Follow any protocols the venue has in place
- Ensure that your Peter Rippingale has recorded your presence on the register
- Do not share scores or equipment if possible (use hand sanitiser if you have to)
- Bring your own refreshments - and take everything home again with you