Ryton Choral Society

COVID-19 risk assessment for: Rehearsals

Rehearsal day and time Tuesdays at 7.15p.m.

Rehearsal venue Prudhoe Highfield Middle School

Version 1.0 29.8.2021

Priority area	Transmission risk	Possible mitigations and actions	Responsible	Relevance	Other relevant notes
Turn away anyone who	should be self-isolating				
	Aerosol, droplet, surface	Ask Members to do their own health assessment and stay away if: - they have symptoms / feel unwell - tested positive (PCR or Lateral flow) - have been told to self isolate - someone they have close contact with has tested positive - are quarantining after a visit abroad			NHS procedures and Close contact definition
	Aerosol, droplet, surface Aerosol, droplet, surface	Encourage regular use of lateral flow tests, on day of rehearsal if at all possible Encourage members to think about transport. Walk, cycle, own car - ideal. If shared car - use face coverings, open windows, sit far from each other.			Order LFT England
	Aerosol, droplet, surface Aerosol, droplet, surface	Encourage vaccine take up Someone becomes unwell at rehearsal: - Person goes home and follows NHS procedures - Anyone who had close contact goes home and follows NHS procedures - Person with symptoms informs Secretary, who will inform close contacts of test results - If positive inform wider attendees and venue			NHS procedures and Close contact definition
Provide adequate vent	ilation				
	Aerosol Aerosol Aerosol Aerosol Aerosol Aerosol, droplet, surface	Nature of ventilation of rehearsal area - The Main Hall of Highfield Midddle School provides a large space, with sufficient area to allow the required space mitigation for a choir of our size. There is no mechanical ventilation (air-conditioning) but there is a natural recycling of air as any warm air drifts upwards. High open windows and drafts encourage a change of air upwards. Any use of the heating (fanned convection heaters) would enhance upward ventilation to high level windows and also dry out virus droplets. Doors and windows kept open as much as possible Room ventilated before rehearsals Overall length of rehearsal reduced to 1 hour 30 minutes Use face coverings during arrival / breaks / departure and on leaving your seat for any reason (unless exempt) Sneeze screens to be provided for Musical Director			HSE general guidance on ventilation Discount on Sing Safe face masks
Clean more often					
	Surface Surface Surface Surface Surface Surface Surface	Hand soap / hand sanitiser provided Regular Hand washing / sanitising encouraged Toilets and common touch points cleaned regularly Hand sanitiser provided at common touch points (e.g. doors, shared kitchen) Members bring their own equipment (music stands, mics, sheet music, etc.) No sharing of equipment where possible - hand sanitiser provided where unavoidable			
Enable people to check	in at your venue				
	Aerosol, droplet, surface Aerosol, droplet, surface	Register of attendees kept by Secretary - members informed via Secretary if positive case reported Designated seating arrangements, repeated at each rehearsal			
Communicate and train					
	Aerosol, droplet, surface Aerosol, droplet, surface Aerosol, droplet, surface	Risk assessment available online for all stakeholders to see 1 pager / simple instructions / expected behaviours sent to all members Verbal reminders at rehearsals			
Social distancing / flow	of people				
	Droplet	1 metre plus social distancing at all times during rehearsal, breaks, entering and leaving.			

Droplet	Members asked to respect each other's space - no 'mingling'
Droplet	Follow venue rules for number of people in cloakroom, corridor, toilets at a time

Singing		
	Aerosol, droplet	Singers limit volume
	Aerosol, droplet	Space well ventilated - doors left open whenever possible
	Aerosol, droplet	1 metre plus social distancing at all times during rehearsal, breaks, entering and leaving.
	Aerosol, droplet	Stand side by side, socially distanced, facing in the same direction
	Aerosol, droplet	Face coverings - personal choice when singing
Refreshments		
	Surface	No refreshments provided
	Surface	Participants bring their own, and remove afterwards